# **Prototype Responsible Gaming Brochures**

Problem Gambling Treatment Resource Directory Brochure can be found at <a href="http://nyrghub.org/wp-ccontent/uploads/2014/02/KTOResourceDirectoryBrochure.pdf">http://nyrghub.org/wp-ccontent/uploads/2014/02/KTOResourceDirectoryBrochure.pdf</a>

# What is Responsible Gambling?

Responsible gambling for individuals means:

- •they may gamble for pleasure and entertainment but are aware of their likelihood of losing and understand the associated risks,
- •they exercise control over their gambling activity, and •responsible gambling occurs in balance with other activities in their lives and is not causing problems or harm for themselves or others.

Responsible gambling for gambling providers requires:

- •shared responsibility for generating awareness of the risks associated with gambling,
- •creating and promoting environments that prevent or minimize problem gambling,
- •and being responsive to individual and community concerns around gambling.

While most casino patrons gamble for fun and entertainment, there is a small percentage that will experience problems. We are committed to ensuring that every effort is made to prevent the development of gambling problems and to promote Responsible Gambling practices. Additionally, when interventions are appropriate we will initiate customer service practices that support the individual and protect other casino patrons from the consequences of Problem Gambling.

Our commitment and Responsible Gambling program involves:

- •Implementing Responsible Gambling Policies
- •Enforcing Underage Gambling Policies and Practices
- •Offering a Self-Exclusion Program
- •Providing Information and Messaging
- Supporting Informed Decision Making
- •Assisting Patrons Who May Have Problems with Gambling
- Limiting Access to Money
- •Training Employees on Problem Gambling

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# 10 Rules of Responsible Gambling

- 1. If you choose to gamble, do so for entertainment purposes. If your gambling is no longer an enjoyable activity then ask yourself why you're still "playing."
- 2. Treat the money you lose as the cost of your entertainment. Treat any winnings as a bonus.
- 3. Set a dollar limit and stick to it. Decide before you go not only what you can "afford" to lose, but how much you want to spend. Do not change your mind after losing.
- 4. Decide how much of your time you want to allow for gambling. Leave when you reach the time limit whether you are winning or losing.
- 5. Expect to lose. The odds are that you will lose.
- 6. Do not borrow money to gamble.
- 7. Create balance in your life. Gambling should not interfere with or substitute for friends, family, work or other worthwhile activities.
- 8. Avoid "chasing" lost money. Chances are the more you try to recoup your losses the larger your losses will be.
- 9. Don't gamble as a way to cope with emotional or physical pain.
- 10. Become educated about the warning signs of problem gambling. The more you know, the better choices you can make.



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# Is Your Gambling Becoming A Gambling Problem?

# What is Problem Gambling

Problem Gambling is a pervasive disorder that can result in serious consequences for individuals, families, and communities. A *Gambling Disorder* is a diagnosable condition outlined in the *American Psychiatric Association Diagnostic and Statistical Manual of Mental Disorders 5*.

# **Effects of Problem Gambling**

Problem Gambling causes psychological, physical, social or vocational problems and is a progressive addiction characterized by increasing preoccupation with gambling, a need to bet more money more frequently, restlessness or irritability when attempting to stop, chasing losses and loss of control over gambling despite experiencing negative consequences.



According to the *National Council on Problem Gambling*, approximately **1%** of US adults meet criteria for a Gambling Disorder and another **2-3%** are considered Problem Gamblers.

### **Ask Yourself**

- 1. Have you ever felt the need to bet more and more money?
- 2. Have you ever had to lie to people important to you about how much you gambled?

If you answered yes to either of these questions it could indicate that you have a gambling problem.

# **HELP IS AVAILABLE**



# **Problem Gambling Warning Signs**

- Playing games to escape worries, frustration or disappointments
- ⇒ Neglecting other responsibilities to concentrate on gaming activities
- ⇒ Increasing the amount of money bet in an effort to recoup losses
- ⇒ Gaming with money designated for necessary expenses, such as groceries or medication
- ⇒ Relying on others to get out of debt
- ⇒ Feeling desperate, depressed or even suicidal because of gambling

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# **Underage Gambling**

You must be **21 years of age or older** to enter the gaming floor at Traditions Casino.

Minimum legal age requirements for gambling are strictly enforced at this facility. Individuals under the age of 21 will be denied access to the gaming floor and wagering windows.

Valid government issued photo ID is required.



Some people are considerably more prone to gambling addiction than other people including children and young adults. Young adults inherently have the highest rates of 'at-risk' behavior therefore, delaying exposure to gambling activities for as long as possible can reduce the rates of developing problems. Currently research on brain development shows that the adolescent brain is not fully developed for skills such as higher level decision making until the age of 24.

# **Unattended Children**



Children are not permitted on the gaming floor of the facility, this includes babies in carriers and toddlers in strollers. Children should never be left unattended inside or outside the casino. Please notify a staff member immediately if you observe an unattended child/ children.



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# **Self - Exclusion**

# Supporting Problem Gamblers in Their Recovery



### **Our Commitment**

Self-exclusion is a tool to help people in their efforts to overcome gambling problems. Our facility is committed to delivering individual assistance which involves responding to individuals in a helpful way, working through the self-exclusion registration process in a respectful timely manner; providing information about counseling options including financial, self-help and treatment referrals and encouraging individuals to take advantage of the assistance available.

### What is Self-Exclusion?

People experiencing gambling problems have the option to voluntarily ban themselves from entering the gaming facility property. To register for Self-Exclusion you must complete an application. The application may be accessed by calling the facility, visiting the website or in person at the Security Office.

## How Does it Work?

Once the application is complete you must submit it in person at the facility Security Office. After you are placed on the self-exclusion list, casino personnel will be required to refuse your wagers and ask you to leave the property. If you do place a wager, you would be unable to collect any winnings or recover any losses. During your application process you will select whether or not you want to be excluded for a minimum of one, three or five years. You will not be permitted back into the facility prior to the expiration of your preselected time period. Once the period has expired you can request to be removed from the list.

More information can be requested by contacting the gaming facility directly.

Application

Meeting with Security

Ban Period Begins

Ban is in Effect

Ban Period Expires

Apply for Reinstatement or

Renew Ban

NYS

**Problem Gambling Helpline** 

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# Understanding How It Works so You Can Make Informed Decisions About Your Gambling

Whether you play slots, craps, blackjack, roulette or any other game in a casino, it is important to remember that games of chance are based on random outcomes and always favor the casino. These games of chance are a form of entertainment, at a price to you, the player. Casino gaming should not be considered a way to make money.



# **House Advantage**

Casino games are designed with a house advantage. Mathematically, the house advantage is a measure of how much the house expects to win, expressed as a percentage of the player's wager.

For example, in a wager with a house advantage of 10 percent, the player will lose, on average over time, \$10 for every \$100 wagered.

Because the odds always favor the house, the longer or faster a person plays a casino game, the more the person should expect to lose. In the same way, the more a person wagers, the more the person should expect to lose. For instance, if the "hold percentage" (or house advantage) for a typical machine is 10 percent, then, on average, a player will win back \$90 for each \$100 wagered. However, if this player then re-wagers the \$90, the player will again win back, on average, 90 percent of the \$90, or \$81. As the betting continues, over time players are more and more likely to lose money, rather than win. An individual may lose more or less than the average, but the machine always comes out ahead in the long run.

### True or False?

# If a slot machine hasn't paid out for a while, it's due for a win.

False. Slots operate randomly at all timesno matter how many wins or losses have occurred in the past. A machine that has not paid out for a while has no greater chance of paying out in the future.

After hitting a jackpot, a player should move to a new slot machine. The machine currently in play is not likely to hit again. False. The odds of winning another jackpot on the next play are the same as they were before hitting the jackpot.

### A slot machine can tell the difference between maximum and minimum bets. False. The amount wagered does not affect the outcome of the game. It only affects how much a player may win or lose.



It might be fun to imagine that rubbing a rabbit's foot improves a player's chances of hitting a jackpot, but the reality is that this "magical thinking" has no impact. Cheating aside, there's nothing a player can do — no ritual and no lucky charm — to influence the outcome of any casino game. Superstitions can't determine whether a player wins or loses.